So many illnesses and life-threatening problems cannot be seen, like heart defects, lead poisoning, or hearing and vision problems.

If you or your children — or grandchildren — are under 21, there is something you can do to help protect their health...

...**Make an appointment** with your doctor TODAY, for a free health checkup.

Check-ups include:

- Physical Exam
- Shots (immunizations)
- Blood lead testing
- Growth and developmental checks
- Hearing and vision checks
- Dental checks & referrals as needed

Please Call your health care provider to make an appointment for a health check-up.

Make that date for good health sake!

Michigan Department of Community Health

MDCH

Jennifer M. Granholm, Governor
Janet Olszewski, Director

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MICHIGAN FREE Health Check-ups

Make that DATE for good health sake!

Don't Delay — call your health care provider and...

Regular health screenings, also known as "check-ups," include exams and tests not performed during visits for illnesses, such as ear infections.

Health check-ups require a special appointment that allows the provider time to conduct physical exams and tests that can find problems you may not know about. Early treatment may keep you or your child from getting really sick later.

Through Medicaid, you or your child can receive FREE health check-ups, from birth to age 21.

Medicaid must assure necessary transportation. You can get help getting a ride if:

- You do not have a way to get to and from a doctor or dentist visit, or
- You do not have a way to get medical or dental items or services that Medicaid covers.

In some cases, the rides you need must be approved in advance. If you belong to a medicaid health plan, contact your plan. If you do not belong to a health plan, contact the Family Independence Agency (FIA).

Schedule a **FREE health check-up** so you can know about the problems—from heart defects to lead poisoning and more—before you or your child feels sick or develops a serious complication.

يجب أن يضمن الـ"مديكيد" توفر المواصلات اللازمة لك. يمكنك أن تساعد نفسك في الحصول على المواصلات إذا:

* لم يكن لديك وسيلة ذهاب وإياب إلى زيارة طبيب الصحة أو طبيب الأسنان، أو
* لم يكن لديك وسيلة للحصول على اللوازم أو الخدمات الطبية وطب الأسنان التي يغطيها الـ"مديكيد".

قد يتطلب في بعض الأحيان الحصول على الموافقة المسبقة على المواصلات. إذا كنت مشتركاً في نظام خطة صحية تابعة للـ"مديكيد"، فاتصل بالمسؤول في نظام خطتك. إذا كنت غير مشترك في نظام خطة صحية، فاتصل بـ Family Independence Agency (FIA)

Las investigaciones regulares de la salud, también conocidas como "chequeos," incluyen los exámenes y las pruebas no realizados durante las visitas para las enfermedades (tales como infecciones del oído).

Los chequeos incluyen:

- examen físico
- inyecciones
- prueba del plomo en la sangre
- cheques del crecimiento y del desarrollo
- cheques de la audiencia y de la visión
- cheques dentales y remisiones según lo necesita.

Medicaid debe encargarse del transporte necesario. Puede solicitar ayuda para conseguir el transporte que necesita si:

- No tiene manera de ir al consultorio del médico o del dentista para su consulta, ni de regresar a su casa, o si
- No tiene manera de conseguir los artículos o servicios médicos o dentales cubiertos por Medicaid.

Llame a su doctor para programar una cita.